

LTC Plan for Emerging Wisely

Relaxing Phase 2: Next Steps

To come into effect at least 2 weeks after phase 2 is initiated in the NWT, but not before June 29, 2020. In order to move to phase two in LTC, there must also be no positive COVID cases in the LTCF, or the community/region where the LTCF is located. If at any point, during this phase a resident or staff screens and/or tests positive for COVID the [NWT Office of the Chief Public Health Officer \(OCPHO\) Interim Outbreak Management of Coronavirus Disease \(COVID-19\) in Long Term Care Facilities](#) will be implemented with HSSA procedures and guidelines and all previous protection measures may be reinstated to Containment Phase.

Measures Remaining in Place

- Continuous masking and uniform policy remain in effect
- Staff and resident screening with temperature check remain in effect
- Daily cleaning of high touch surfaces remains in effect
- The process for exceptions to visitor restrictions remain the same as phase 1 (i.e., palliative visits)
- Outdoor gatherings, on property for LTC residents and staff may occur-limit of 10 people remains in effect
- Indoor group activities for **residents** and staff only may resume for groups of 10 or less as long as physical distancing is maintained and hand washing occurs

Measures Eased

1. One essential visitor

- **Preferably the visit will occur outside**
- Staff will ask residents and or next of kin to designate 1 person to be the resident's visitor;
- Essential visitor should be 18 years of age or older;
- Essential visitors must pass screening with temperature checked, visitor log completed, wear a medical mask, complete hand hygiene with ABHR and maintain 2 meters of physical distancing;

- Visitors are not to visit with residents other than the one they have been designated as a visitor for;
 - Visitors are to use the public washroom only and must notify staff after use so that it can be cleaned;
 - After visiting the resident should perform hand hygiene and change their clothes;
 - A maximum of 5 essential visitors are allowed at one time
 - LTC managers or delegate are to work with families to create a visiting schedule to ensure maximum of 5 essential visitors.
2. Outdoor activities on property may be expanded to include essential visitors as long as there are no more than 10 people, masks are worn, physical distance of 2 M is maintained and hand hygiene occurs
- Residents, visitors and staff are included in the 10 individual limit
3. Indoor Spiritual gathering (i.e. church service, Elder visits) can occur for residents only, with up to 25 in attendance.
- No visitors to attend spiritual gatherings;
 - The individual performing service must pass screening with temperature checked, visitor log completed, wear a medical mask, and complete hand hygiene with ABHR;
 - Resident and staff are included in the 25 individual limit;
 - No singing is to occur.

Activities remaining suspended:

- Hair salons in facilities (Avens, JESH, NW) remain closed
- No volunteers

All measures are subject to change dependent on the COVID-19 situation. The number of visitors and/or location of visits may be re-evaluated during phase 2, dependent on the timeframe and the COVID situation in the NWT. Reviewing suspended activities will also be subject to review. The first review will occur on or before July 10.